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Caroline V. Brooks

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ACADEMIC APPOINTMENTS

2025 – Present Assistant Professor, Department of Sociology, University of Kentucky
Faculty Affiliate, Center for Health, Engagement, and Transformation,
Faculty Affiliate, Center for Clinical and Translational Science

EDUCATION

2025 Ph.D., Sociology, Indiana University
Dissertation: *Invisible Illness and the Self: Exploring the Interplay of
Migraine, Social Networks, and Identity*
Committee: Brea Perry (chair), Bernice Pescosolido, Brian Powell, Anna
Mueller

2019 M.A., Sociology, Indiana University

2018 B.S., Molecular & Cell Biology and Sociology, University of Connecticut

RESEARCH & TEACHING INTERESTS

Medical Sociology	Social Psychology	Social Networks
Migraine & Chronic Pain	Sociology of Mental Health	Gender, Race, and Class

PEER-REVIEWED PUBLICATIONS

(* indicates equal authorship)

Jones, Dylan, **Caroline V. Brooks**, and Gerardo Maupomé. 2025. "Rurality of location of origin among adult Latinx adult immigrants: Association with oral health factors." *Ethnicity & Disease* 35(3):107-112. DOI: [10.18865/EthnDis-2024-34](https://doi.org/10.18865/EthnDis-2024-34)

Brooks, Caroline V. 2025. "Resilience or Risk? Evaluating Three Pathways Linking Hispanic Immigrant Networks and Health" *Journal of Health and Social Behavior* 66(2):242-258
[DOI:10.177/00221465241261710](https://doi.org/10.177/00221465241261710)

- Co-Winner of the Best Graduate Student Paper Award, Section on Sociology of Mental Health, American Sociological Association
- Schuessler Award for Graduate Research, Department of Sociology, Indiana University

Cohen, Fred, **Caroline V. Brooks**, Daniel Sun, Dawn C. Buse, Michael L. Reed, Kristina Fanning, Richard L. Lipton. 2024. "Prevalence and Burden of Migraine in the United States: A Systematic Review" *Headache* 64:516-532. [DOI: 10.1111/head.14709](https://doi.org/10.1111/head.14709)

- Winner of 2025 American Headache Society Members' Choice Award
- Related Media Coverage: [NBC News](#); [CBS News](#)

Brooks, Caroline V., and Gerardo Maupomé. 2024. "Social Support Associated with Restorative Treatment, Professionally Applied Fluoride, and Flossing: A Cross-Sectional Analysis of Recent Immigrants from Central America and Mexico in the Midwest USA." *Community Dentistry and Oral Epidemiology* 52(2):187-195. [DOI:10.1111/cdoe.12912](https://doi.org/10.1111/cdoe.12912)

Smith, Nicholas C., **Caroline V. Brooks**, Emily A. Ekl, Denise Ambriz, Melissa Garcia, Brea L. Perry, and Gerardo Maupomé. 2024. "The Informal Safety Net: Social Network Activation Among Hispanic Immigrants During COVID-19" *Sociology of Race and Ethnicity* 10(3):371-388. [DOI:10.1177/23326492231162348](https://doi.org/10.1177/23326492231162348)

Garcia, Melissa J.*, **Caroline V. Brooks***, Denise Ambriz, Emily A. Ekl, Nicholas C. Smith, Gerardo Maupomé, and Brea L. Perry. 2023. "Patterns of Precarity: Understanding COVID-19's Impact on Hispanic Immigrant Families" *Journal of Marriage and Family* 85:1028-1046. [DOI: 10.1111/jomf.12930](https://doi.org/10.1111/jomf.12930)

Ekl, Emily A., and **Caroline V. Brooks**. 2022. "Take the Day Off: Examining the Legitimation of Chronic Back Pain by Race and Gender" *Social Psychology Quarterly* 85(3):300-324 [DOI: 10.1177/01902725221078541](https://doi.org/10.1177/01902725221078541)

- 2022 Seidler Graduate Student Paper Award, North Central Sociological Association

Millar, Krystina*, and **Caroline V. Brooks.*** 2021. "Double Jeopardy: Minority Stress and the Influence of Transgender Identity and Race/Ethnicity" *International Journal of Transgender Health*, 23(1-2):133-148. [DOI: 10.1080/26895269.2021.190660](https://doi.org/10.1080/26895269.2021.190660)

UNDER REVIEW

Ekl, Emily A., Melissa J. García, **Caroline V. Brooks**, Nicholas C. Smith, Denise Ambriz, Brea L. Perry, and Gerardo Maupomé. "Gender Differences in Trusted Sources of Information and Preventive Health Behaviors among Hispanic Immigrants: The Case of COVID-19" *Revise and Resubmit at Social Science & Medicine*

IN-PROGRESS

Brooks, Caroline V., and Emily A. Ekl. "A Relational Approach to Gender and Legitimacy: A Survey Experiment of Pain and Role Exemption"

Brooks, Caroline V. "Migraine and the Maintenance of Identities: A Test of Identity Theory in Chronic Illness."

Brooks, Caroline V. "'Having Somebody that Gets it is Really Important': Navigating Social Networks in Invisible Illness"

COMMENTARIES AND EDITORIALS

Cohen, Fred, **Caroline V. Brooks**, Daniel Sun, Dawn C. Buse, Michael L. Reed, Kristina Fanning, Richard L. Lipton. 2025. "What a Long Strange Trip It's Been: Reflections on serial snapshots of migraine prevalence and burden in the United States" *Headache* 65:1057-1059. <https://doi.org/10.1111/head.14984>

Cohen, Fred, **Caroline V. Brooks**, Daniel Sun, Dawn C. Buse, Michael L. Reed, Kristina Fanning, Richard L. Lipton. 2024. “Challenges and Opportunities for Estimating and Assessing Migraine Prevalence, Incidence and Impact Across Study Populations and Methodologies: Bridging Global and US Findings” *Headache* 65(1):11-13.
<http://doi.org/10.1111/head.14864>

BOOK CHAPTERS AND RESEARCH BRIEFS

Perry, Brea L., and **Caroline V. Brooks**. 2025. “Mental Health and Social Networks” in *The Wiley-Blackwell Encyclopedia of Health, Illness, Behavior, and Society, Second Edition*. DOI: [10.1002/9781118410868.wbehibs048.pub2](https://doi.org/10.1002/9781118410868.wbehibs048.pub2)

Morton, Beth A., **Caroline V. Brooks**, Kevin J. Lenaburg, Meghan A. Buzby, Richard B. Lipton, and Dawn C. Buse. 2021. “Coalition for Headache and Migraine Patients: Headache Disease Patient Access Survey. The Healthcare Experiences of People with Migraine (brief 3). September 28. <https://headachemigraine.org/wp-content/uploads/Brief-3.pdf>

Morton, Beth A., **Caroline V. Brooks**, Kevin J. Lenaburg, Meghan A. Buzby, Richard B. Lipton, and Dawn C. Buse. 2021. “Coalition for Headache and Migraine Patients: Headache Disease Patient Access Survey. The Symptoms and Treatment Experiences of People with Migraine (brief 2)” March 15. <https://headachemigraine.org/wp-content/uploads/CHAMP-Survey-Brief-2.pdf>

Morton, Beth A., Kevin J. Lenaburg, **Caroline V. Brooks**, Meghan A. Buzby, Richard B. Lipton, and Dawn C. Buse. 2021. “Coalition for Headache and Migraine Patients: Headache Disease Patient Access Survey. An Introduction to the Methods and Sample (brief 1)” March 15. <https://headachemigraine.org/wp-content/uploads/CHAMP-Survey-Brief-1.pdf>

GRANTS, FELLOWSHIPS, AND AWARDS

External

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| 2025 | Members’ Choice Award, American Headache Society |
| 2024, 2025 | International Headache Academy Delegate, American Headache Society (\$1,500) |
| 2024 | Doctoral Dissertation Research Improvement Grant (DDRIG), American Sociological Association and National Science Foundation (\$15,826) |
| 2024 | Howard B. Kaplan Memorial Award in Medical Sociology, American Sociological Association Medical Sociology Section (\$500) |
| 2024 | Frontiers in Headache Research Scholarship, American Headache Society (\$1,000) |
| 2023 | Best Graduate Student Paper Award, American Sociological Association Section on Sociology of Mental Health |

- 2023 Advanced Social Networks & Health Fellowship, Network Analysis Center, Duke University
- 2022 Graduate Student Investigator Award *Honorable Mention*, American Sociological Association Social Psychology Section
- 2022 Social Networks & Health Fellowship, Duke Network Analysis Center, Duke University

Internal

- 2024 – 2025 College of Arts and Sciences Dissertation Research Fellowship, Indiana University (\$23,000)
- 2024 Schuessler Award for Graduate Research, Department of Sociology, Indiana University (\$500)
- 2023 – 2024 Lindesmith-Mullins Fellowship, Department of Sociology, Indiana University (\$22,660)
- 2023 – 2024 Irsay Fellow, The Irsay Institute for Sociomedical Sciences Research, Indiana University
- 2022 Research Grant, Graduate and Professional Student Government, Indiana University (\$1,000)
- 2021 Sheldon Stryker Graduate Research Grant, Indiana University Department of Sociology with Emily A. Ekl (\$1,000)
- 2019 Martin Scholarship for the Ego Networks Research Design and Data Analysis Workshop, Indiana University (\$900)
- 2019 Community Cheer Captain Award, Department of Sociology, Indiana University
- 2019 – 2021 Summer Fellowship, Department of Sociology, Indiana University
- 2018 – 2020 Graduate Tuition Fellowship, Department of Sociology, Indiana University
- 2014 – 2018 STEM Academic Excellence Scholarship, University of Connecticut (\$80,000)

CONFERENCE PRESENTATIONS

- 2025 **Brooks, Caroline V.** “Migraine and the Maintenance of Identities: A Test of Identity Theory in Chronic Illness.” Identity Theory Conference; West Lafayette, IN.
- 2025 Gibb, Vera, Ashlesha Parikh, Kelly Grace, Safa’a Al-Arabi, Cheryl Juneau, Shelly Brody, Angelia Nedd, Deanna Duggan, Mariana Ciobanu, **Caroline Brooks**, Susan Doughty, Susan Stone, Kylie Gagan, Anna Williams, and Joe Stone. “Using an Innovative Interprofessional Education Core Curriculum to Increase Awareness of Primary Headache Disorders' Underdiagnosis, Undertreatment, and Suboptimal Management for Improved Learning and Health Outcomes.” National Center for Interprofessional Practice and Education 2025 Nexus Summit; Virtual.

- 2025 **Brooks, Caroline V.** “The Role of Patient Community in the Negotiation of Illness and Advocacy Identities” Eastern Sociological Society Annual Meeting; Boston, MA.
- 2024 **Brooks, Caroline V.** “Making a Case for Identity Networks: A Relational Reconceptualization of Identity Theory” Group Processes Conference; Montreal, Quebec, Canada.
- 2024 **Brooks, Caroline V.** “Cultivating Belonging and Resisting Stigma: The Benefits of Experiential Homophily in the Migraine Patient Community” American Sociological Association Annual Meeting; Montreal, Quebec, Canada.
- 2024 **Brooks, Caroline V., and** Emily A. Ekl. “Gendered Legitimacy in the Sick Role: A Survey Experiment of Gender-Typed Head Pain” Society for the Study of Social Problems Annual Meeting; Montreal, Quebec, Canada.
- 2024 **Brooks, Caroline V.** “Invisible Illness and the Self: Exploring the Interplay of Migraine, Social Networks, and Identity” *Poster Presentation* at the American Headache Society Annual Meeting; San Diego, CA.
- 2024 **Brooks, Caroline V.** “Exploring the Benefits of Migraine Patient Community Engagement” *Poster Presentation* at the American Headache Society Annual Meeting; San Diego, CA.
- 2024 **Brooks, Caroline V.** and Beth A. Morton “Reconsidering the Episodic versus Chronic Migraine Distinction: Evidence from a Patient Community Survey” *Poster Presentation* at the American Headache Society Annual Meeting; San Diego, CA.
- Related Media Coverage: [Healio](#)
- 2024 **Brooks, Caroline V., and** Emily A. Ekl. “Public Perceptions of Legitimacy by Gender and Gendered Pain” Eastern Sociological Society Annual Meeting; Washington, DC.
- 2023 **Brooks, Caroline V.** “Helpful or Hurtful? Untangling Mechanisms Linking Hispanic Immigrant Networks and Health” American Sociological Association Annual Meeting; Philadelphia, PA.
- 2022 Cohen, Fred, **Caroline V. Brooks**, Daniel Sun, Michael Reed, Richard L. Lipton, Dawn C. Buse. “Migraine Prevalence Has Remained Stable While Disability Has Increased in US Population Studies” *Oral presentation* at the American Headache Society Annual Meeting; Denver, CO.
- 2022 **Brooks, Caroline V.,** Crystal Stephens, Gerardo Maupomé. “Social Support and Fluoride / Restorative Treatment among Hispanic Immigrants” International Association for Dental Research; Virtual.
- 2022 **Brooks, Caroline V., and** Beth A. Morton. “The Invalidation of Headache Disorders: Rationale for Delayed Treatment” Eastern Sociological Society Annual Meeting; Boston, MA.
- 2022 Emily A. Ekl and **Caroline V. Brooks** “Take the Day Off: Examining the Legitimation of Chronic Back Pain by Race and Gender” North Central Sociological Association Annual Meeting; Indianapolis, IN.

- 2021 **Brooks, Caroline V.**, Beth A. Morton, Kevin J. Lenaburg, Meghan Buzby, Richard B. Lipton, William B. Young, and Dawn C. Buse. "Correlates of Migraine Treatment Satisfaction in a High Frequency Sample: Results from the Coalition for Headache and Migraine Patients' (CHAMP) Headache Disease Patient Access Survey." *Poster Presentation* at the American Headache Society Virtual Annual Meeting.
- 2021 Morton, Beth A., **Caroline V. Brooks**, Kevin J. Lenaburg, Meghan Buzby, Richard B. Lipton, William B. Young, and Dawn C. Buse. "Treatment use and satisfaction in a high frequency sample of people self-identifying with migraine: Results of the Coalition for Headache and Migraine Patients (CHAMP) Headache Disease Patient Access Survey." *Poster presentation* at the International Headache Congress (IHC). Virtual.
- 2020 **Brooks, Caroline V.** "More than Just a Headache: Examining the Relationship between Migraine, Self-Efficacy, and Gender." American Sociological Association Annual Meeting; Virtual
- 2020 Ekl, Emily A. and **Caroline V. Brooks**. "Understanding Perceptions of Chronic Back Pain: A Test of Intersectionality Theory" Eastern Sociological Society Annual Meeting; Philadelphia, PA.
- 2018 **Brooks, Caroline V.** "Cross Sectional Time Series Analysis on the Impacts of Race on Homeownership" *Poster presentation* Eastern Sociological Society Annual Meeting; Baltimore, MD

INVITED WORKSHOPS, PANELS, & PRESENTATIONS

- 2025 Panelist, "NeuroPanels: August 2025 Headache Medicine Cases" American Academy of Neurology; Virtual.
- 2024 *Panelist*, "Mobilizing Patient-Driven Research." [ELEVATE Meeting](#). The Coalition for Headache and Migraine Patients; Scottsdale, AZ.
- 2024 *Advisory Board*, "Momentum in Migraine: U.S. Advocacy Summit." Pfizer Inc. & the Coalition for Headache and Migraine Patients; Scottsdale, AZ.
- 2024 "Migraine Stigma" Migraine Across the Lifespan – an Engage Me Series Event. Office of Interprofessional Education and Practice, University of Texas Medical Branch; Virtual.
- 2024 *Panelist*. "Community Engagement." Retreat Migraine; Coalition for Headache and Migraine Patients; Virtual.
- 2024 *Panelist*. "ASA Doctoral Dissertation Research Improvement Grant (ASA DDRIG) Proposal Preparation Workshop." American Sociological Association Annual Meeting; Montreal, Quebec, Canada.

- 2024 “The Societal Impact of Migraine.” Migraine and Me – an Engage Me Series Event. Office of Interprofessional Education and Practice, University of Texas Medical Branch; Virtual.
- 2021 “Social Network Theory and Analysis: Toward a More Complete Understanding of Social Determinants in Oral Health” with Gerardo Maupomé. International Association for Dental Research Academy, Integrating Behavioral and Social Determinants into Oral Health Research; Virtual.

RESEARCH EXPERIENCE

- 2019 – 2025 **Graduate Research Assistant**, [VidaSana Study](#), NIH Award #R01DE025836
 PI: Gerardo Maupomé, Indiana University Indianapolis
 Co-PI: Brea Perry, Indiana University
Lead the data management, data cleaning, and data analysis for the VidaSana Study on the health and egocentric social networks of Hispanic immigrants.
- 2023 **Qualitative Coding Research Assistant**, College Life and Beyond Study, NIH Award #5R01HD095971
 PIs: Jane McLeod and Andy Halpern-Manners
- 2021 – 2022 **Queer Philanthropy Circle Graduate Research Assistant**, Kinsey Institute
 Faculty Mentors: Justin Garcia & Lemuel Watson, Indiana University
- 2019 **Research Intern**, Institute for Health, Health Policy & Aging, Rutgers University
 Faculty Mentor: XinQi Dong, Rutgers University
- 2019 **Graduate Research Assistant**, Social Networks and Parenting Study
 PI: Jessica Calarco, Indiana University
- 2017 – 2018 **Undergraduate Research Assistant Program**, Department of Molecular and Cell Biology, University of Connecticut
 Faculty Mentor: Sharon Smith, Connecticut Children’s Medical Center
- 2017 **Undergraduate Researcher**, REU Site: Computational Social Science, NSF SMA-1560089
 Faculty Mentor: Richard Williams, University of Notre Dame

TEACHING EXPERIENCE

Department of Sociology, University of Kentucky, Lexington, KY

- Spring 2026 SOC255 Medicine, Health, and Society, cross-listed with Health, Society & Populations
 SOC350 Sociology of Sport
- Fall 2025 SOC255 Medicine, Health, and Society, cross-listed with Health, Society & Populations

Department of Sociology, Indiana University, Bloomington, IN

Spring 2024	Preparing Future Faculty Certificate in College Pedagogy
Summer 2024	<i>Instructor of Record</i> , SOC101: Sociology of Sport (6 wks, online asynchronous)
Fall 2022	<i>Instructor of Record</i> , SOC230: Society and the Individual
Fall 2019	<i>Graduate Teaching Assistant</i> , SOC 324: Sociology of Mental Illness, Instructor: Brea Perry
Spring 2019	<i>Graduate Teaching Assistant</i> , SOC339 Sociology of Media, Instructor: Christine Van Der Haar
Fall 2018	<i>Graduate Teaching Assistant</i> , SOC340, Social Theory, Instructor: Fabio Rojas

School of Nursing, University of Texas Medical Branch, Galveston, TX

Fall 2024	<i>Guest Lecturer</i> , GNRS 5680 / GDNP 6680 Common Problems of Adults, Topic: Migraine Stigma, online synchronous <i>Guest Lecturer</i> , GNRS 5266 Families and Health Promotion, Topic: Stigma of Disease, online synchronous
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Honors Program, University of Connecticut, Storrs, CT

Fall 2015	<i>Peer Facilitator</i> , UNIV 1784 Honors First Year Experience Course, Instructor: Lynn Goodstein
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CONSULTING EXPERIENCE

2024 – 2025	<i>Research Consultant</i> , Miles for Migraine <ul style="list-style-type: none">- Assisted with project planning, grant writing, and dissemination of research findings
2019 – 2022	<i>Research Consultant</i> , Coalition for Headache and Migraine Patients <ul style="list-style-type: none">- Assisted with literature reviews, data cleaning, data analysis, and writing reports and scientific abstracts for Survey & Scientific Research Team

SERVICE

University

2022 – 2024	College Student Academic Appointment Council Member, College of Arts and Sciences, Indiana University
2022, 2023	Vice Provost for Faculty and Academic Affairs Search Committee Member, Indiana University
2022	Graduate Student Climate Survey Committee, Graduate and Professional Student Government, Indiana University
2019 – 2025	Preparing Future Faculty Conference Planning Committee, Indiana University

- 2017 – 2018 Persistence of Women in STEM Committee, University of Connecticut
- 2017 – 2018 Women in STEM Mentor, Women’s Center, University of Connecticut
- 2016 – 2018 Stem Scholar Community, Honors Program, University of Connecticut
- Co-Executive Director (2017 – 2018)
 - Social Engagements Chair (2016 – 2017)
 - Freshman Mentor (2016 – 2017)
- 2016 Honors Initiative for Prospective Students, University of Connecticut

Departmental

- 2025 – Social Media Committee, Department of Sociology, University of Kentucky
- 2018 – 2025 Graduate Student Association, Department of Sociology, Indiana University
- Graduate Affairs Committee (2023 – 2024)
 - Diversity, Equity, and Inclusion Committee (2022 – 2023)
 - President (2021 – 2022)
 - Public Sociology Committee (2020 – 2021)
 - Social Committee (2019 – 2020)
 - Mentor Awards Committee (2019)
- 2019 – 2021 First Year Mentor, Department of Sociology, Indiana University
- 2020 Graduate Mentor for Undergraduate Honors Thesis Student, Indiana University

Discipline

- 2024 – 2025 Nominations Committee Student Member, Section on Medical Sociology, American Sociological Association
- 2024 – Present First Contact – Headache in Primary Care Advisory Board, American Headache Society
- 2024 Mentor of the Month Student Planning Committee, Section on Medical Sociology, American Sociological Association

Community

- 2021 Retreat Migraine Volunteer Staff, Coalition for Headache and Migraine Patients

PROFESSIONAL AFFILIATIONS

- American Sociological Association
- Medical Sociology Section
 - Social Psychology Section
 - Sociology of Mental Health Section
 - Disability in Society Section
- Eastern Sociological Society

- Southern Sociological Society
- American Headache Society
- Behavioral Special Interest Section
 - Primary Front Line of Headache Care Section
 - Trainee & New Investigator Section